ay, 1919 Extension Circular 86

SUGGESTED COMMUNITY CLUB PROGRAMS

DIVISION OF HOME DEMONSTRATION WORK

N. C. State College of Agriculture and Engineering
N. C. State Department of Agriculture
N. C. Agricultural Experiment Station, and
U. S. Department of Agriculture, Cooperating

AGRICULTURAL EXTENSION SERVICE

B. W. KILGORE, Director
Raleigh and West Raleigh

INTRODUCTION

On the fourth page is placed an Outline for Community Club Pro-
ams, and upon this outline it is purposed in this leaflet to hang
eral special community club programs. None of these are hard and
t, but are to be used as the Demonstration Agent sees fit. Many re-
sts for concrete examples of simple community club programs have
ne to the Division of Home Demonstration Work and those which
low have been made out to fill that need.

The files of the Weekly News Letter, the Extension Farm-News,
Progressive Farmer, and other farm papers and magazines, to-
her with the State and Government bulletins of the Departments
Agriculture, Education, and Health will furnish material from
ich to draw.

Where speeches and recitations for boys and girls are mentioned,
ders may substitute any prose or verse suited to the occasion and
ject.

A list of books on plays and games is included with the programs.
ub leaders may find some of these helpful as a means of holding the
erest of the boys and girls. Some agents have used most success-
ly "Games for the Playground, Home, School, and Gymnasium,"
Jessie H. Bancroft. The more ambitious clubs will be interested in
play, "Between Two Lives," by Charles Wm. Burkett. This is in
o parts, and might be given at two different club meetings.

The following Home Demonstration Agents have given assistance in
npiling the suggested programs: Misses Penny of Davidson, Rowe
Catawba, and Cassidey of Transylvania.

MITTIE M. HENLEY,
Chairman.

OUTLINE FOR COMMUNITY CLUB PROGRAMS

Suggested by Joint Committee of Home and Farm Demonstration Agents

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I. Home and Community Sanitation.
   (1) Preventable diseases and their control.
   (2) Diet in disease.
   (3) First aid.
   (4) Home nursing.
   (5) Care of the sick.
   (6) Central clinics for school children.

II. Food and Feed for the Community.
   (1) The home garden and orchard.
   (2) Poultry and meat supply.
   (3) The family cow.
   (4) Canning.
   (5) Storage of foodstuffs.
   (6) Concentrates for family and livestock.

III. The Community Income.
   (1) Fertility of the soil—soil building.
   (2) Money crops for the community.
      (a) Livestock.
      (b) Grain and hay.

IV. Factors Essential to Progress of Community Socially and Educatior
   (1) Cooperative development of community.
      (a) Educationally.
      (b) Socially.
   (2) Resume of extension activities.

V. Conveniences and Comforts of Farm and Home.
   (1) Heat, light, ventilation.
   (2) Water in the home—labor-saving devices.
   (3) Household arrangement.
   (4) Farm equipment.
      (a) General barn.
      (b) Poultry house construction.
      (c) Pig, sheep, beef, bees.
      (d) Farm machinery.
      (e) Fencing.
   (5) Arrangement of fields.
   (6) Power.

VI. Beauty in and Around the Home.
   (1) Site and location of buildings.
   (2) House plans and specifications.
   (3) Arrangement and beautification of grounds.
   (4) Interior decoration.

CONSTITUTION AND BY-LAWS FOR COMMUNITY CLUBS

Article 1. Name: This club shall be called..... Community
ıb.

Article 2. Object: That the men, women and children of a rural com-
ınity shall come together (1) to discuss and demonstrate better methods
homemaking, farming and sanitation; (2) to discuss food values, food
›duction and conservation; (3) to discuss and demonstrate methods
adding to the family income; (4) to discuss and set in motion plans for
ınmunity betterment; (5) to promote sociability and neighborliness and
encourage and cooperate with each other in bringing together the com-
ınity people for all public-spirited enterprises.

Article 3. Any interested community man, woman or child is eligible for
ımbership.

Article 4. Sec. 1. The officers shall be a president, vice-president, secre-
ry and treasurer.

Sec. 2. The duty of the president shall be to preside at all meetings and
assign parts on the program.

Sec. 3. The duty of the vice president shall be to act for the president in
e absence of the latter or when requested by the president to do so.

Sec. 4. The duty of the secretary shall be to keep the minutes of the
eting, to give notice of extra meetings, and to send reports to the County
›me and Farm Demonstration Agents.

Sec. 5. The duty of the treasurer shall be to care for and disburse the
ances of the club.

BY-LAWS

1. The club shall meet either once or twice a month every .....

2. The officers shall be chosen once a year and shall assume office at the
eting following their election.

3. The president shall appoint members to carry out the program and
all see that a complete program has been arranged for each meeting.

4. Any club member who finds that it will be impossible for him or her
fill a part on the program shall notify the president as early as possible.

5. Ways and means of supplying the club with funds must be devised by
e club members.

SOME POINTS ON COMMUNITY ORGANIZATION

At the Conference on Community Organization, held Tues morning, February eleventh, by the Home Demonstration Agents North Carolina, and presided over by Mrs. Rosalind Redfearn, of A son County, the following points were brought out:

1. Begin as if you were going to be in the county more than one ye Plan for your successor. Do not work with only one year service in view. Get the idea of building up the whole cou firmly fixed in your mind, and do it.

2. Win the confidence of the people among whom you work—
   (a) By genuine interest.
   (b) By sympathetic service.
   (c) By being happy yourself.
   (d) By a spirit of encouragement rather than discourageme
   (e) By making the people feel that you are getting as m from them as you are giving to them. From every ho and every community you can get excellent ideas.

3. Give your message to the people as a whole, and not to individu Organized effort makes for strength. Work through the g and women. Seek their interest first.

4. Get the people interested in community fairs. They attract. T are also of educational value.

5. When a community club is to have a meeting, consult the peo who are to compose the audience in making out the progr Let them take part in the meeting.

6. How interest may be aroused in joint meetings.
   (a) Give something worth while.
   (b) Make out programs for the whole year or use those s gested.
   (c) Select interesting subjects.
   (d) Find out who people are and in what they are especia interested.
   (e) Work towards model communities.
   (f) Stress cooperative marketing. Men and women are b interested in this phase of club work.
   (g) Short and snappy meetings stimulate interest.
   (h) Be present yourself at every meeting, if possible.
   (i) Discuss community needs in terms of points interesting the people as a whole and practicable.
   (j) Encourage circulating libraries as a means of growth.

(k) Work towards more beautiful school grounds.
(l) Use story-telling at meetings as a means of drawing a crowd.
(m) Emphasize constructive development for both county and State.

Do not fill up every minute of your time, but stop to plan. Thought is creative.

Rural School Supervision has more advantages than disadvantages when it is connected with Home Demonstration Work. One cannot do her best work without the teacher; because the teacher is in direct communication with the children. It is through the children that our work grows. Do not depend upon the teacher, however, to do the work while you are not there. Develop rural leaders amongst the rural people.

Dr. Knapp defined an executive when he said, "The ablest county agent is the one who can get the most work out of other people. Her only job is to work her head." Develop executive ability.

There are two fine bulletins on Community Organization which may of service to you:
"The Organization of the Rural Community," by T. M. Carver, ureau of Publications, United States Department of Agriculture, ashington, D. C.
Bulletin No. 11, 1918, "A Community Center—What it is and How Organize It," by Henry E. Jackson, Special Agent in Community ganization. This may be had at a cost of ten cents from the Superendent of Documents, Government Printing Office, Washington, C.

SECRETARY'S REPORT

of

_____ COMMUNITY CLUB

te of meeting, _____; Place_____
ys present, _____; Girls_____; Total_____
en present, _____; Women_____; Total_____
mber visitors present, _____.

SPECIAL MEETINGS

For Boys and Girls:

Date, _____; Purpose, _____; Boys, _____; Girls, _____

For Women:

Date, _____; Purpose, _____; Women, _____

For Men:

Date, _____; Purpose, _____; Men, _____

General report:

COMMUNITY CLUB

Business meeting to precede the Special Program at every meeti

Call to order by president.

Roll call by secretary.

Minutes of previous meeting.

Report of Committees:

1. Sanitation.
2. Home improvement.
3. School improvement.
4. Community beautification.
5. Farm activities.
6. Marketing.
7. Girls' club.
8. Boys' club.
9. Woman's club.
10. Community fairs.

The receiving of applications for membership.

PROGRAMS FOR CLUB MEETINGS

COMMUNITY CLUB PROGRAM

Subject: "Taking Inventory of the Community."

usiness meeting.

Call to order and announcement of the special nature of the meeting.

Roll call—Response with constructive criticisms of the community.

Report by one club man and one club woman on "What This Community Has Done for its Own Betterment in the Last Two Years."

Brief report by club boy, naming the agencies for good in his community and the results of work done by each.

Live talk by club girl on "Some Definite Needs of the Community—Social, Educational, and Civic."

Discussion led by club president—"Our Goal for This Year."

(Under this head the most urgent needs will be decided upon. Plans will be made and perhaps committees appointed.) The community should set for itself certain definite tasks, decide to accomplish them in a certain length of time, and let nothing hold it back.

Pass resolutions of loyalty to the community organization.

Games for old and young. (See Bancroft's "Games for Playground, Home, School, and Gymnasium.")

Community singing.

Note.—This program could be very effective. It should be made what the me implies—an "inventory" of the assets and liabilities of the community. is would be the time for smoothing over the rough places and mending e weak spots. Every club member should come prepared to look them in e face and determine to get rid of them through community effort.

It would be interesting, also, to take an accurate account of the number W. S. S. and Liberty Bonds bought by the community, the amount of ney given to the Red Cross, Y. M. C. A. and other causes—missions, phans, war work, etc. A full report can be made, put on file, and pubhed in the county papers.

COMMUNITY CLUB PROGRAM

Subject: "Home."

usiness meeting.

ll call—Each person to answer with a definition of "Home."

. Song—"Old Folks at Home."

. Porches: Their beauty and comfort. Use of screens and vines—Club woman.

3. Native trees, shrubs, and vines for the home—Club man.
4. How I would spend $100 to add to the beauty and comfort of
   home—Club girl.
5. How I would spend $100 to add to the beauty and comfort of
   home—Club boy.
6. Song—"Home, Sweet Home."
7. How to make a lawn—County Farm Demonstration Agent.
8. Fences and outbuildings—Club member.
9. Discussion—Shall We Plan to Beautify Our Whole Communi
10. Community singing.

COMMUNITY CLUB PROGRAM

Subject: "Some of the Things Extension Work Has Done."

1. Business meeting.
2. Song—Canning Club Song—Girls.
3. Story—Achievements of Our Club Girls—Club member.
4. What Home Demonstration Work did for one woman—C
   woman.
5. Song.
6. The success of one corn or pig club member—Club boy.
7. What Farm Demonstration Work has done for our count
   Local man.
8. Planting and planning for canning—Club girl.
9. Discussion: Home waterworks and the supply for family, st
   hogs, and poultry.
10. Song—"Work for the Night is Coming."

COMMUNITY CLUB PROGRAM

Business meeting.

1. Song.
2. Current events.
3. Recitation—Club boy dressed in overalls.
4. What and how I feed my pig—Club girl.
5. A Legacy for Your Children—Reading by club woman. (P
   gressive Farmer, May 11, page 26.)
6. Why Johnnie Left the Farm—Club boy.
7. Hog Cholera: How to prevent and what to do in case of an o
   break—Club man.
8. The family garden—Club woman.
9. Discussion: Shall This Community Have a Fair?
10. Community singing.

COMMUNITY CLUB PROGRAM

Subject: "Community Income."

Business meeting.
1. Song—Farmers' Chorus.
2. Current events.
3. Recitation.
4. Is There any Money in Hog Raising? (Extension Circular No. 42.)
5. Recitation.
6. Making money from poultry—Club member.
   (Save the early hatched pullets. Market the cockerels and old hens cooperatively. Write to the United States Department of Agriculture and to the North Carolina Extension Service for bulletins on poultry.)
7. Song—"America."
8. Income from canned products—Club girl.
9. Income from my garden—Club woman.
10. Cooperative marketing of livestock—Club man.
11. Discussion: What plans can we adopt for marketing our surplus products?

COMMUNITY CLUB PROGRAM

Subject: "Home Improvement."

Business meeting.
1. Roll call—Response from heads of families as to what they have done to improve their homes in the last twelve months and what they are planning to do in the next twelve months.
2. Walls, floors, and furnishings in the home—Club woman.
3. Paint for dwelling and barns—colors and combinations; whitewash, how to make and how to use—Club woman.
4. How to ventilate, light, and heat a home—Club man.
5. Open discussion led by president or county agent on things that might be done this month to improve our homes. Posters and pictures should be passed around showing well-kept and well-planted yards in comparison with others. Let this discussion take whichever turn it will. It may end in plans for wood and tool shed, water system, lawn-making, selection of shrubbery or digging a cellar.
6. Song by children.
7. Community singing.

COMMUNITY CLUB PROGRAM

Business meeting.

1. Song—"America."
2. Current events.
3. My acre of corn—Club boy.
4. Vegetables and fruits I have canned and dried this season—Cl girl.
5. Hog-killing suggestions, recipes, etc.—Club boy. (Progressive Farmer, November 23, 1918.)
6. Dan T. Gray's Seven Ways of Curing Meat—To be read by cl member. (Same reference as above.)
7. By-products of hog-killing—Club man.
8. Recitation, reading, or speech—Club girl.
9. Attention is called to various magazine and newspaper articles president or other member of community club.
10. Discussion: Shall our county have a whole-time health offic and a county nurse?
11. Community singing.

COMMUNITY CLUB PROGRAM

Subject: "Thanksgiving."

Business meeting.

1. School work in community.
   (a) During past five years.
   (b) This year.
2. Song—"America."
3. Current events.
4. Attention called to various magazine and newspaper articles the president and other members of community club.
5. Life of some famous man—Reading.
6. Thanksgiving this year—Club man.
7. Description of a Thanksgiving dinner grown on the farm—Cl woman.
8. A housekeeper's Thanksgiving thoughts—Club woman.
9. Recitation—Club boy.
10. Community singing.
11. Distributing donations.

Note.—Hall or schoolroom should be decorated with farm produce giv by club members. Brightly colored leaves would add to decorations. Don tions sent afterwards to the poor of the community or to the orphanag

COMMUNITY CLUB PROGRAM

1. Business meeting.
2. Song.
3. Current events.
4. Why we should sow winter legume crops—red clover, crimson clover, alfalfa, and vetch.—Club man.
5. Cottage cheese: How made; its value as a food—Club woman. (U. S. Circular, No. 109; Farmers' Bulletin, 850; Extension Poster, No. 9.)
6. How we are to keep the fly from injuring the wheat this year—Club man. (See Farmers' Bulletin, No. 885.)
7. Recitation—Club girl.
8. Winter pastures for our hogs—Club man.
9. The Calf Path—Club boy. (To be read or recited.)
10. The Lay of the Hen That Lays—Club girl.
11. Milk—the best food we have—Club woman. (U. S. Leaflet, No. 11.)
12. Discussion: What shall we do with our surplus milk?
13. Community singing.

COMMUNITY CLUB PROGRAM

Subject: "Poultry."

1. Song—"Keep the Club Work Growing."
2. Current events.
3. Talk on the selection of poultry. (S. C. Extension Bulletin, No. 16; Farmers' Bulletin, No. 806.)
   - (a) Egg class—popular breeds.
     - Leghorns.
     - Minorcas.
     - Ancoras.
     - Campines.
   - (b) Meat class—desirable heavy breeds.
     - Brahmas.
     - Cochines.
     - Langshans.
     - Cornish.
   - (c) General utility class—excellent utility breeds.
     - Plymouth Rocks.
     - Wyandottes.
     - Rhode Island Reds.
     - Orpingtons.
4. Ten reasons for early hatching.—Club girl.
5. How to test eggs.—Club boy. (See Bulletin 562.)

6. First care of baby chicks—Club girl.
7. Brood coops—Club man.
   (a) Dry mash hopper.
8. Making a water fountain—Club member.
9. The Lay of the Hen That Lays.
10. Recitation—Who Won the War?
11. Discussion: Shall this community standardize its poultry?
12. Community singing.

COMMUNITY CLUB PROGRAM

Subject: "Home Conveniences."

Business meeting.

1. Song.
2. How I made a kitchen cabinet, roller tray, or a dish drainer for m wife—Club man.
3. The kind of waterworks we have installed—Club woman.
4. How we managed to install a lighting system for the house an barn—Club man.
5. How I made a fireless cooker for mother—Club girl.
6. How I pleased the home folks by making a home butter worke fly trap, or a folding ironing board.
7. Discussion: The best means of lighting rural homes.
8. Community singing.

Note.—Directions for making these conveniences will be found in Farmer' Bulletin 927, Farm Home Conveniences, by Madge J. Reese.

TOPICS FOR DISCUSSION TO BE USED AS SUBSTITUTE FOR THOSE ON COMMUNITY CLUB PROGRAMS

1. What fruits do we raise?
2. Has every farm an orchard?
3. Grapes and berries suited to this county.
4. Fruit in our diet every day in the year—Woman.
5. Fruit saving in summer means money saving in winter—Woma
6. Orchard spraying; does it pay?
7. How to screen the home; cost, etc. Different kinds of fly traps.
8. Disposal of stable manure.
9. Pure milk: how to have it.
10. Care and feeding of young children—County Home Demonstr tion Agent.
11. Milk an important food—Club woman.
12. The farm labor problem—County Farm Demonstration Agent.
13. Improved machinery on the farm—Community man.
14. Cooperative purchase of machinery—Community man.

WHO WON THE WAR?

Who won the war?
'Twas little Belgium stemmed the tide
Of ruthless hordes who thought to ride
Her borders through and prostrate France
Ere yet she'd time to raise her lance.
'Twas plucky Belgium.

Who won the war?
Italia broke the galling chain
Which bound her to the guilty twain;
Then fought 'gainst odds till one of these
Lay prone and shattered at her knees.
'Twas gallant Italy.

Who won the war?
Old England's watch dogs of the main
Their vigil kept, and not in vain;
For not a ship their wrath dared brave
Save those which skulked beneath the wave.
'Twas mighty England.

Who won the war?
'Twas France who wrote in noble rage
The grandest words on history's page,
"They shall not pass"—the devilish Hun;
And he could never pass Verdun.
'Twas sturdy France.

Who won the war?
In darkest hour there rose a cry,
"Liberty, Sweet Liberty, thou shalt not die."
Thank God! they came across the sea,
Two million men and victory.
'Twas glorious America.

Who won the war?
No one of these; not one, but all
Who answered Freedom's clarion call.
Each humble man who did his bit
In God's own book of fame is writ.
These won the war.

THE LAY OF THE HEN THAT LAYS

An egg a day the old hen lays,
With which the housewife blithely pays
For books and clothes and children's shoes
And Grange and Farmers' Union dues.
The old hen pays the rooster's board,
Buys the gas for the Ford;
She even buys the old man's cud,
And still he meets her with a thud,
If in the feed box she should stray,
Or roost upon the new-mown hay.
She buys the soap to clean the kids,
The sugar and the family lids;
She's up the first one in the morn,
She's out and hustling in the corn
Before the old man chucks his snores
To call the boys to do the chores.

She's always happy at her work,
No one could say that she's a shirk.
She belongs to the Poultry Club,
Believes in paying for her grub.
She does her work and doesn't care
How others curl or comb their hair.
She lives to serve and serves to live,
Gets all she can, is free to give
Of what the good Lord gives to her.
A message from the hen to you
Is that there are but very few
So thoughtless of their own reward,
And few who sing and work so hard
To make this old world a fit place
To live in for the human race.

—W. E. Vaplin, Colorado Agricultural College.

KEEP THE CLUB WORK GROWING

Tune: "Keep the Home Fires Burning."

There were Club Boys on the hillside,
There were Club Boys on the plain,
And the country found them ready
At the call for meat and grain.
Let no one forget their service,
As the Club Boys pass along,
For although the war is over,
They are singing still this song:

Chorus:

Keep the home cow milking,
And the Club corn silking,
Tell the idle boys and girls
We work for home;
There's a Club pig growing,
While the grain we're sowing,
Boost the Club Work day and night
Till we "Live at Home."

There were Club Girls near the roadside,
There were Club Girls by the wood,
And the country found them ready
At the call for "fighting food."
Let no one forget their chickens
As the Club Girls pass along,
And although the "bugs" are many,
They are singing still this song:

Chorus:

Keep the babe chicks growing,
While the rooster's crowing,
Tell the idle boys and girls
We work for home;
Push the yearly garden
While your muscles harden.
Fight tomato bugs and blight
Till we "Live at Home."

THE FARMER FEEDS THEM ALL

The politician talks and talks,
  The actor plays his part.
The soldier glitters in parade,
  The goldsmith plies his art,
The scientist pursues his germs
  O'er this terrestrial ball,
The sailor navigates his ship,
  But the farmer feeds them all.

The preacher pounds the pulpit desk,
  The broker reads the tape,
The tailor cuts and sews his cloth
  To fit the human shape.
The dame of fashion, dressed in silk,
  Goes forth to dine and call,
Or drive, or dance, or promenade,
  But the farmer feeds them all.

The workman wields his shining tools,
  The merchant shows his wares,
The aeronaut above the clouds
  A dizzy journey dares;
But art and science soon would fade,
  And commerce dead would fall,
If the farmer ceased to reap and sow—
  For the farmer feeds them all.

LIST OF BOOKS

Games for the Playground, Home, School and Gymnasium, by Jessie H. Bancroft—Macmillan Company, New York..... $2.00

Games for all Occasions, by Mary M. Blain (all ages)—Basse and Hopkins ..... .75

Patriotic Plays, by Virginia Alcott—Dodd, Mead & Co. (Good for young people) 1.25

Between Two Lives, by Charles Wm. Burkett—Orange Judd Company, New York ..... .50

Folk Dances and Songs, The Playground Commission, Chicago...

New Year and Midwinter Exercises, Penn Publishing Company, Philadelphia. (Children 10 to 15) ..... .30

Drills and Marches, Penn Publishing Company, Philadelphia. (Children 10 to 15) ..... .33

Holiday Plays for Home, School and Settlement—Dodd, Mead & Company 1.25

Patriotic Pageants of To-day, by Josephine Thorp—Holt, New York .....

Practical Programs for School and Home Entertainments, by Maude B. Jackson—Flanagan, Chicago .....

Artistic Entertainments: A Book of Drills and Entertainments for School Exhibitions and Graduating Classes, by Maude M. Jackson—Flanagan, Chicago .....

Neighborhood Entertainments, by N. B. Stern—Sturgis and Walton, New York .....

Patriotic Plays for Young People, by Virginia Alcott—Dodd, Mead & Co. .....

Songs and Choruses for Community Singing—C. C. Birchard & Co., Boston, Mass. .....

National Jubilee Melodies—National Baptist Publishing Board, Nashville, Tenn. .....

The One Hundred and One Best Songs—The Cable Company, Cable Building, Chicago .....

Popular Folk Games and Dances, by Hofer—Flanagan, Chicago..

Stories to Act, by F. C. Wicker—Rand-McNally, Chicago. (For children) .....

Fairy Plays for Children, by Mabel N. Goodlander—Rand-McNally, Chicago .....

Festivals and Plays in Schools and Elsewhere, by Chabb—Harper, New York .....

What Shall We Play? by Fannie Hunn—Macmillan Co., New York

What to Do at Recess—Ginn & Co., New York.....

Plays and Recreations for the Open Country, by Curtis—Ginn & Co., New York .....

24. Education by Games and Plays, by Johnson—Ginn & Co., New York .....
25. Plays for School Children, by Anna M. Lutkenhaus—The Century Company, New York .....
26. St. Nicholas' Book of Plays—The Century Company, New York.. $1
27. More Short Plays, by Mary McMillan—Stewart & Kidd, Cincinnati, Ohio 1
28. Story and Play Readers, by Anna M. Lutkenhaus—The Century Company, New York. (Sixth, seventh, eighth grades).....
29. Song of Hiawatha, dramatized by Florence Holbrook—Houghton-Mifflin Company .....
30. Hiawatha's Wedding Feast (cantata)—Novells & Co.....
31. Plays of the Pioneers, by Constance D'Arey McKay—Harpers... 1
32. Children of the Wigwam, by Chase—Educational Publishing Company, Columbus, Ohio .....
33. Indian Folk Tales, by Ronlet—American Book Company, Cincinnati, Ohio .....
34. The Childhood of Hiawatha, dramatized by Miss Bessie Whitley—C. C. Birchard & Co., Boston, Mass. .....